



ANTIGA'S THIRTEEN CIRCLES



1. we believe that we are not responsible for creating the oppression that permeates our society, but that we have all too often colluded with it
2. we believe that a power outside ourselves and deep within us can restore our balance and give us wholeness
3. we make a decision to ask for help from the goddess and others who understand
4. we acknowledge our beauty, strengths, and weaknesses, and look at the ways we have been taught to hate ourselves and the earth
5. we acknowledge to the goddess, to ourselves and to another person our successes and shortcomings
6. we make a list of the ways we have colluded with oppression
7. we become ready to say no to oppression
8. we ask for the courage to resist oppressive situations
9. we mend our lives with respect for all
10. we become conscious of our actions and thoughts, promptly acknowledging our mistakes and celebrating our successes
11. we seek to improve our conscious contact with the goddess
12. we believe that at every moment we are doing the best we can, and that is enough
13. we accept ourselves exactly as we are, trusting our experience and affirming that health, joy, and freedom are our goddess-given rights